

Veer Narmad South Gujarat University, Surat
M.A. (Psychology)(Semester- I)
Paper- CCT-01
THEORY AND SYSTEMS OF PSYCHOLOGY - I
(To come in force from June, 2010)

University Exam	: 70 Marks
Internal Exam	: 30 Marks

	100 Marks

Objective: The objective of this course is to apprise the students with various theories and systems of psychology and to provide the theoretical base of psychology.

Unit – I

1. Indian Psychology:
 - i. Nature and Control of Mind.
 - ii. Nature, type and conditions of Perception.
 - iii. Classification, nature and theory of dream.
 - iv. Nature, causes and theory of memory.

2. Asian Psychology:
 - i. Oriental approach
 - ii. Differences between Eastern and Western Approaches
 - iii. Yoga and Behaviour modification

3. Structuralism and Functionalism:
 - i. Introduction of Structuralism
 - ii. Forerunners of Titchener's structuralism
 - iii. Nature of Psychology
 - iv. Systems of Structuralism
 - v. Criticism of structuralism
 - vi. Value of structuralism
 - vii. Introduction of Functionalism
 - viii. Factors role playing in Functionalism
 - ix. William James
 - x. Granville Stanley Hall
 - xi. James Makkeen Cattell
 - xii. James Rowland Angell
 - xiii. Harvey A. Car
 - xiv. Criticism of functionalism
 - xv. Evaluation of functionalism

4. Associationism
 - i. Introduction of Associationism
 - ii. Old Associationism
 - iii. Associationism as a system
 - iv. New associationism
 - v. Value and Contribution of Associationism

Unit-II

5. Psychoanalysis:
 - i. Introduction
 - ii. Postulates of Psychoanalysis
 - iii. The Unconscious
 - iv. Theory of instincts
 - v. Theory of Psychosexual development
 - vi. Theory of Personality
 - vii. Defense Mechanisms
 - viii. Psychoanalysis and Society
 - ix. Criticism and Evolution of Psychoanalysis concepts

6. Analytical and Individual Psychologist
 - i. Carl Gustav Jung
 - ii. Alfred Adler

7. New Theories in Psychoanalysis:
 - i. Introduction
 - ii. Otto Rank
 - iii. Sandor Ferenczi
 - iv. Melanie Klein
 - v. Sigmund Freud
 - vi. Psychoanalysis and the study of Culture
 - vii. Psychoanalysis and Experimental Psychology.

8. The Sociological Approach of Psychoanalysis:
 - i. Karen Horney
 - ii. Erich Fromm
 - iii. Harry Stack Sullivan

Basic Books:

1. Walman B.B. , 'Contemporary Theories and Systems in Psychology', New York, Harper, 1960.
2. Marx M.H. & Hillix W.H., "System and theory of Psychology", New York , McGraw Hill (1963)
3. Marx M.H., "Theories in Contemporary Psychology" New Macmillan (1964)

Veer Narmad South Gujarat University, Surat
M.A. Psychology (Semester- I)
Paper- CCT-02
Experimental Designs in Psychology and Psychological Statistics-I

(To come in force from June, 2010)

University Exam	: 70 Marks
Internal Exam	: 30 Marks

	100 Marks

Objective: This course aims at familiarizing students with various designs of experiments along with statistical procedures.

UNIT – 1(Experimental Designs)

1. Experimental Design:
Purpose, characteristics, Importance, Advantages and Disadvantages of Experimental Designs.
2. Randomized Post Test only Control: Group Design; Randomized matched post test only control group design, Pretest – Post test control – Group Design.
3. Randomized one-way ANOVA design, Randomized blocked one-way ANOVA design, Randomized-Factorial Design.

UNIT-2 (Psychological Statistics)

4. Normal Probability curve and its characteristics, Important, causes of the fluctuation of Normal Probability curve, Illustrations of principle of probability.
5. Standard score, Tabulating and graphing. Types of Kurtosis, Type of Skewness

Readings:

1. Broota K.D. (1992), Experimental designs in behavioural research, New Delhi, Wiley Eastern.
2. Edwards A.K.(1976), Experimental Designs in Psychological research, New York, Halt.
3. Garret H.E. (1964), Statistical Methods in Psychology And Education, Mumbai.
4. Guilford I.P.(1956), Fundamental statistics in Psychology and Education, New York, McGrawHill.
5. Yagnik, Dhila and Chothani (2005), Shanshodhan Padhdhati, (1st Edition), Akshar Publication, Ahmedabad.
6. Tripathi P.C.(1987), Research Methodology in Social Science, Sultan Chand & Sons, New Delhi.

Veer Narmad South Gujarat University, Surat
M.A. (Psychology)(Semester- I)
Paper-CCT-03
CLINICAL PSYCHOLOGY-I
(To come in force from June, 2010)

Duration: 3 Hours

University Exam : 70 Marks

Internal Exam : 30 Marks

100 Marks

OBJECTIVE :

- This paper focuses on the contribution on different theoretical approaches to psychopathology to the area of clinical and aims.
 - To train students in different approaches to counseling and psychotherapy.
 - To help develop a balanced view of the various therapies and the practical techniques employed
 - To help students familiarize themselves, gain knowledge and work towards developing an integrative perspective.
-

UNIT-I

1- Definition of clinical psychology.

2- Historical background of clinical psychology

3- Various approaches to clinical psychology.

- Physiological approaches.

- Psychological approaches.

- Psycho – analytical approaches.

- Behavioristic approaches.

Psychometric approaches.

4- Scope of clinical psychology

Diagnosis –Testing –Therapy –Problems of Rehabilitation –Public Mental Health – Clinical psychology & research.

UNIT-II

5- Clinical Diagnosis :

Nature and varieties of clinical diagnosis.

6- Clinical case study method :

Sources of information of clinical case study.

Nature of information for clinical case study.

Limitations of case study.

7- Clinical observation and rating scale :

Limitations of clinical observation.

Reliability of observation.

Validity of observation.

8– Clinical Interview :

Nature of clinical interview.

Significance of clinical interview.

Varieties of clinical interview.

Requirements of clinical interview.

Informations from clinical interview.

Limitation of clinical interview.

READINGS :

1– Corey G. (1986) Theory and practices of counseling and psychotherapy. Monterey California : Brooks / cole publishing Company.

2– Woolberg, L.R. (1998) The techniques of psychotherapy Barcour Brace : Grune & Stratton.

3– Subdberg, N.D. and Taylor L.E. : Clinical Psychology, London Methuen 1963

4– Holland G.A. : Fundamentals of Psychotherapy, New York, Holt. 1965.

5– Shaffer G.W. and Lazarus, R.S. : Fundamental Concepts of clinical Psychology, New York McGraw – Hill 1952

6– Watson R.I. : The Clinical Method in Psychology, New York Harper 1949 Paperback Education.

7– Kahn, Theodore C. and Giffen, Martin B. : Psychological Techniques in Diagnosis and Evaluation, Oxford, Pergamon, 1960

Veer Narmad South Gujarat University, Surat
M.A. (Psychology)(Semester- I)
Paper-ECT-01 (Elective Course)
Research Methodology – I
(To come in force from June, 2010)

University Exam	: 70 Marks
Internal Exam	: 30 Marks

Total:	100 Marks

OBJECTIVES :

- 1– This course aims at familiarizing students with various steps involved in Research Process.
 - 2– This course deals with various methods that are employed in field settings.
 - 3– This course appraises the students of the methods such as observation, questionnaire Interview and other.
 - 4– This course enables the students to prepare the write–up of the research.
-

1– The Research Process :

- Major Steps of Research Process.
- Main Types of Research studies.
 - Pure Research and Applied Research
 - Exploratory and descriptive studies.

2– Selection and formations of Research Problems :

- Sources and Research problems.
- Importance of Past studies.
- Construction of various hypothesis – Good Hypon
- Concept of working Defination
- Method of testing of hypothesis.

3– Research Designs :

- One group pre-test-post test Design
- Equivalent and Non-Equivalent Control group Design
- Time-series and multiple time-series design.

4– Sampling:

- Universe and sample, uses of sampling, sampling process
- Relation between Research study and sampling methods.

5– Some areas of Psychological Research:

- Education, Industries (Organizations), Clinical, Consumer, Social etc.

6– Methods of Data Collection:

- Structured and unstructured observation
- Questionnaires and their construction.
- 7 Interviews, Projectives Methods other methods.

BOOKS:

1. Seltiz, Jehoda, Desutsch, Morton & Cook, Stuary W. 'Research Methods in Social Relation' N.Y. Holt(1959)
2. Jones R.A. (1985) 'Research Methods in the Social and behavioural Sciences'
3. Festluqer L.D. Katz D. (1953) 'Research Methods in the Behavioural Sciencess, New York, Druden Press
4. Vyas K.B., Sheth B.M.V. 'Manovigyan ni shanshodhan Padhdhatio' – Second Edition (1988) , C. Jamanadas ni company, Ahmedabad.
5. Yagnik, Dhila and Chothani (2005) 'Sanshodhan Padhdhati' , Akshar Prakashan, Ahmedabad.

Veer Narmad South Gujarat University, Surat
M.A.-(Psychology) (Semester- I)
Paper-ECT-01 (Elective Course)
Behavioral Psychotherapy and Modification - I
(To come in force from June, 2010)

University Exam : 70 Marks

Internal Exam : 30 Marks

100 Marks

Objective: Make Students familiar with Behavioral Psychotherapy.

Clarify the background of theory of Behavioral Psychotherapy.

To acquire field Training of Behavioral Psychotherapy which is most famous Psychotherapy of modern time

To prepare the students for the therapy of problematic child, patients of normal psychological Problems, psychosis, neurosis, A.D.H.D , mental retardation and dyslexia.

Introduce the students with the practical use of various therapy of Behavioral Psychotherapy

1- Psychotherapy

Background of Psychotherapy, Mining and aims of Psychotherapy, Condition of Psychotherapy, tips of Psychotherapy , usefulness of Psychotherapy.

2- Behavioral psychotherapy

Background ,mining and definition of Behavioral Psychotherapy .concept of Behavioral Psychotherapy .functional or behavioral analysis .

Preparation of Behavioral Psychotherapy .

Fieldwork

In the school of Mental and physical handicap children

Mental hospital and mental ward

BASIC BOOKS :

1- Behaviour Therapy and Beyond : Lazarus, A.A- McGraw –Hill
New York

2-About Behaviourism: B.F.Skinner -Knopf New York

3-Behaviour Therapy Techniques :A.A.Lazarus and Wolpe
–Pergamon. New York

4 -The Practice of Behaviour Therapy Pergamon. New York

M.A.(Psychology) (Semester- I)
Paper-ICT-01 (Inter/Multi Disciplinary Course)
HEALTH PSYCHOLOGY - I
(To come in force from June, 2010)

University Exam : 70 Marks

Internal Exam : 30 Marks

100 Marks

UNIT-I:

What is Health Psychology—Health Psychology as an interdisciplinary field—Relating Health Psychology to other Science fields—Bio-psychosocial Perspective on Health and Illness.

UNIT-II:

PERSONALITY AND DISEASE:

Models of Personality and Disease—the coronary-Prone Personality—The Disease-Prone Personality—Personality and The immune system.

UNIT-III:

Concept of ‘Sthita Prajna’ (Bhagvad Gita), Behavioral Referents of the concept of ‘Anasakti’.

UNIT-IV:

HEALTH PROMOTION AND DISEASE PREVENTION

Behavioral factors in disease prevention namely those involving Tobacco, Alcohol and Illegal drug abuse

Reference Books:

- (1) Friedman, Howard, S. Health Psychology, Prentice Hall, 2002.
- (2) Sarafino, Edward, P. Health Psychology: Biopsychosocial Interactions, John Willy&Sons, Inc., 2002.
- (3) Marks, David, F., Murray, Michael. Evans, Brian., Carla, Willig., Sage Publishing,2001.
- (4) Mishra, G. (Ed.) Psychological Perspective on Stress and Health, Concept Publication, New Delhi, 1999.